

SEDE ALTO ROSARIO

Junín 501, Rosario, Santa Fe

Teléfono: 0341-528-3190 / - Mail: altorosario@megatlon.com.ar

Horarios: Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 09:00 a 21:00 hs. | Domingo: 10:00 a 20:00 hs.

| HORA | LUNES 01/06 | MARTES 26/05 | MIÉRCOLES 27/05 | JUEVES 28/05 | VIERNES 29/05 | SÁBADO 30/05 | DOMINGO 31/05 | LUGAR | STAFF |
|----------|----------------|-----------------------|--------------------|-----------------------|------------------|-----------------|------------------|---------|-------------------------|
| 07:10 hs | Funcional | | Funcional | | Funcional | | | Salón 1 | Sergio Ocampo |
| 07:30 hs | | Taller de Abdominales | | Taller de Abdominales | | | | Salón 1 | Staff Megatlon |
| 08:00 hs | Aero Local | BodyPump | Aero Local | BodyPump | Aero Local | | | Salón 1 | Miguel Ruiz |
| 09:00 hs | BodyPump | Yoga | BodyPump | Yoga | BodyPump | | | Salón 1 | Staff Megatlon |
| 09:15 hs | | | | | | Aero Local | | Salón 1 | Miguel Ruiz |
| 10:15 hs | Zumba | | Zumba | | Zumba | BodyPump | | Salón 1 | Miguel Ruiz |
| 10:15 hs | | | | | | | Yoga | Salón 1 | Staff Megatlon |
| 11:30 hs | | | | | | Yoga | | Salón 1 | Staff Megatlon |
| 11:30 hs | | | | | | | BodyPump | Salón 1 | |
| 13:00 hs | Yoga | | Yoga | | Yoga | | | Salón 1 | Staff Megatlon |
| 14:00 hs | GAP | | GAP | | GAP | | | Salón 1 | Staff Megatlon |
| 14:00 hs | | Funcional | | Funcional | | | | Salón 1 | Alejandrina San martino |
| 15:00 hs | Pilates | Elongación | Pilates | Elongación | Pilates | | | Salón 1 | Sergio Ocampo |
| 16:00 hs | Yoga | | Yoga | | Yoga | | | Salón 1 | Staff Megatlon |
| 16:00 hs | | Pilates | | Pilates | | | | Salón 1 | Sergio Ocampo |
| 17:00 hs | Zumba | BodyPump | Zumba | BodyPump | Zumba | | | Salón 1 | Miguel Ruiz |
| 18:00 hs | BodyPump | | BodyPump | | BodyPump | BodyPump | | Salón 1 | Staff Megatlon |

SEDE ALTO ROSARIO

Junín 501, Rosario, Santa Fe

Teléfono: 0341-528-3190 / - Mail: altorosario@megatlon.com.ar

Horarios: Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 09:00 a 21:00 hs. | Domingo: 10:00 a 20:00 hs.

| HORA | LUNES 01/06 | MARTES 26/05 | MIÉRCOLES 27/05 | JUEVES 28/05 | VIERNES 29/05 | SÁBADO 30/05 | DOMINGO 31/05 | LUGAR | STAFF |
|-----------------|----------------|-----------------|--------------------|-----------------|------------------|-----------------|------------------|----------|-------------------|
| 18:00 hs | | Zumba | | Zumba | | | | Salón 1 | Miguel Ruiz |
| 19:00 hs | BodyCombat | | BodyCombat | | BodyCombat | | | Salón 1 | Staff Megatlon |
| 19:00 hs | | Localizada | | Localizada | | | | Salón 1 | Miguel Ruiz |
| 20:00 hs | Funcional | | Funcional | | Funcional | | | Salón 1 | Sergio Ocampo |
| 20:00 hs | | GAP | | GAP | | | | Salón 1 | Miguel Ruiz |
| SPINNING | | | | | | | | | |
| 07:10 hs | Spinning | | Spinning | | Spinning | | | Spinning | Staff Megatlon |
| 08:00 hs | Spinning | | Spinning | | Spinning | | | Spinning | Staff Megatlon |
| 08:00 hs | | Spinning | | Spinning | | | | Spinning | |
| 09:30 hs | | | | | | Spinning | | Spinning | Staff Megatlon |
| 10:30 hs | | | | | | | Spinning | Spinning | |
| 15:00 hs | Spinning | | Spinning | | Spinning | | | Spinning | Staff Megatlon |
| 17:00 hs | Spinning | | Spinning | | Spinning | | | Spinning | Staff Megatlon |
| 18:00 hs | Spinning | | Spinning | | Spinning | | | Spinning | Sergio Ocampo |
| 18:00 hs | | Spinning | | Spinning | | | | Spinning | |
| 19:00 hs | Spinning | | Spinning | | Spinning | | | Spinning | Sergio Ocampo |

SEDE ALTO ROSARIO

Junín 501, Rosario, Santa Fe

Teléfono: 0341-528-3190 / - Mail: altorosario@megatlon.com.ar

Horarios: Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 09:00 a 21:00 hs. | Domingo: 10:00 a 20:00 hs.

| HORA | LUNES 01/06 | MARTES 26/05 | MIÉRCOLES 27/05 | JUEVES 28/05 | VIERNES 29/05 | SÁBADO 30/05 | DOMINGO 31/05 | LUGAR | STAFF |
|----------|----------------|-----------------|--------------------|-----------------|------------------|-----------------|------------------|----------|------------------|
| SPINNING | | | | | | | | | |
| 19:00 hs | | Spinning | | Spinning | | Spinning | | Spinning | Jorge Mántica |