

# SEDE BARRIO NORTE

Rodríguez Peña 1062, CABA

Teléfono: 4816-8566 / - Mail: barrionorte@megatlon.com.ar

**Horarios:** Lunes a Viernes: 07:00 a 22:00 hs. Sábado: 09:00 a 20:00 hs. | Domingo: .

| HORA     | LUNES      | MARTES      | MIÉRCOLES  | JUEVES      | VIERNES    | SÁBADO     | DOMINGO | LUGAR   | STAFF                |
|----------|------------|-------------|------------|-------------|------------|------------|---------|---------|----------------------|
| 07:10 hs | Funcional  |             | Funcional  |             | Funcional  |            |         | Salón 1 | Gabriel Enriquez     |
| 08:10 hs |            | Localizada  |            | Localizada  |            |            |         | Salón 1 | Eduardo Cesar Arzac  |
| 08:10 hs | Localizada |             | Localizada |             | Localizada |            |         | Salón 2 | Celia Laura Cabrera  |
| 09:10 hs | Elongación |             | Elongación |             | Elongación |            |         | Salón 2 | Celia Laura Cabrera  |
| 10:10 hs | Yoga       |             | Yoga       |             | Yoga       |            |         | Salón 2 | Alejandra Senatore   |
| 10:10 hs |            | Elongación  |            | Elongación  |            |            |         | Salón 1 | María Bertucci       |
| 10:15 hs | Funcional  |             | Funcional  |             | Funcional  |            |         | Salón 1 | Andrea Saronelli     |
| 11:10 hs |            |             |            |             |            | Zumba      |         | Salón 1 | Staff Megatlon       |
| 11:10 hs | Pilates    |             | Pilates    |             | Pilates    |            |         | Salón 1 | Alejandra Senatore   |
| 12:10 hs |            |             |            |             |            | Funcional  |         | Salón 1 | Fernando Campodónico |
| 13:10 hs | Localizada |             | Localizada |             | Localizada |            |         | Salón 1 | Marcelo Sotelo       |
| 13:10 hs |            | Aero Local  |            | Aero Local  |            |            |         | Salón 1 | Fernando Campodónico |
| 13:10 hs |            | Aero Combat |            | Aero Combat |            |            |         | Salón 2 | RODRIGO IVAN ROLDAN  |
| 13:10 hs |            |             |            |             |            | Elongación |         | Salón 1 | Fernando Campodónico |
| 13:30 hs | Elongación |             | Elongación |             | Elongación |            |         | Salón 2 | Adrian Gambino       |
| 14:10 hs |            |             |            |             |            | Localizada |         | Salón 1 | Fernando Campodónico |
| 16:10 hs | HIIT       |             | HIIT       |             | HIIT       |            |         | Salón 1 | Adrián Viola         |

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|----------|--------------|-------------|--------------|-------------|--------------|--------|---------|---------|----------------------------|
| 16:10 hs |              | Yoga        |              | Yoga        |              |        |         | Salón 1 | Susana Ortiz               |
| 17:10 hs |              | Localizada  |              | Localizada  |              |        |         | Salón 2 | Estela Ramos               |
| 17:10 hs | Aero Local   |             | Aero Local   |             | Aero Local   |        |         | Salón 1 | RODRIGO IVAN ROLDAN        |
| 17:10 hs | Zumba        |             | Zumba        |             | Zumba        |        |         | Salón 2 | Bryan Navarrete            |
| 17:10 hs |              | Zumba       |              | Zumba       |              |        |         | Salón 1 | Laura Marmorì              |
| 18:00 hs |              | Boxeo       |              | Boxeo       |              |        |         | Salón 2 | Gabriel Enriquez           |
| 18:10 hs |              |             | Funcional    |             | Funcional    |        |         | Salón 1 | Adrián Viola               |
| 18:10 hs | Localizada   |             | Localizada   |             | Localizada   |        |         | Salón 2 | RODRIGO IVAN ROLDAN        |
| 18:10 hs |              | Elongación  |              | Elongación  |              |        |         | Salón 1 | Estela Ramos               |
| 18:30 hs | Funcional    |             |              |             |              |        |         | Salón 1 | Adrián Viola               |
| 19:00 hs | Running Team |             | Running Team |             | Running Team |        |         | Outdoor | Lucas Gonzalez             |
| 19:10 hs |              |             | Funcional    |             | Funcional    |        |         | Salón 1 | Fernando Campodónico       |
| 19:10 hs |              | Aero Combat |              | Aero Combat |              |        |         | Salón 1 | Christian Martino          |
| 19:10 hs | Elongación   |             | Elongación   |             | Elongación   |        |         | Salón 2 | Estela Ramos               |
| 20:10 hs |              | Aero Local  |              | Aero Local  |              |        |         | Salón 1 | Christian Martino          |
| 20:10 hs | Aero Combat  |             | Aero Combat  |             | Aero Combat  |        |         | Salón 1 | Luis Gabriel Antonio Titos |

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|-----------------|----------|----------|-----------|----------|----------|----------|---------|----------|------------------------|
| <b>SPINNING</b> |          |          |           |          |          |          |         |          |                        |
| 08:15 hs        | Spinning |          | Spinning  |          | Spinning |          |         | Spinning | Gabriel Enriquez       |
| 09:15 hs        |          | Spinning |           | Spinning |          |          |         | Spinning | Carlos Javier Pages    |
| 10:15 hs        |          |          |           |          |          | Spinning |         | Spinning | Gabriel Enriquez       |
| 10:15 hs        |          | Spinning |           | Spinning |          |          |         | Spinning | Carlos Javier Pages    |
| 18:15 hs        |          | Spinning |           | Spinning |          |          |         | Spinning | Jorge Eduardo Martinez |
| 18:15 hs        | Spinning |          | Spinning  |          | Spinning |          |         | Spinning | Monica Quevedo         |
| 19:15 hs        |          | Spinning |           | Spinning |          |          |         | Spinning | Jorge Eduardo Martinez |
| 19:15 hs        | Spinning |          | Spinning  |          | Spinning |          |         | Spinning | Monica Quevedo         |
| <b>PILETA</b>   |          |          |           |          |          |          |         |          |                        |
| 10:30 hs        |          | Acuática |           | Acuática |          |          |         | Pileta   | Adrian Gambino         |
| 11:30 hs        | Acuática |          | Acuática  |          | Acuática |          |         | Pileta   | Adrian Gambino         |
| 12:30 hs        | Acuática |          | Acuática  |          | Acuática |          |         | Pileta   | Adrian Gambino         |
| 12:30 hs        |          | Acuática |           | Acuática |          |          |         | Pileta   | Natalia Cuniolo        |