

# SEDE VILLA CRESPO

Juan B. Justo 2650, CABA

Teléfono: 4854-0595 / - Mail: villacrespo@megatlon.com.ar

**Horarios:** Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 08:00 a 20:00 hs. | Domingo: 10:00 a 18:00 hs.

| HORA     | LUNES<br>06/04    | MARTES<br>07/04       | MIÉRCOLES<br>08/04 | JUEVES<br>09/04       | VIERNES<br>10/04  | SÁBADO<br>11/04 | DOMINGO<br>05/04 | LUGAR   | STAFF                    |
|----------|-------------------|-----------------------|--------------------|-----------------------|-------------------|-----------------|------------------|---------|--------------------------|
| 07:15 hs |                   | Funcional             |                    | Funcional             |                   |                 |                  | Salón 1 | Natalia Cuniolo          |
| 08:05 hs |                   | HIIT                  |                    | HIIT                  |                   |                 |                  | Salón 1 | Natalia Cuniolo          |
| 08:15 hs | Localizada        |                       | Localizada         |                       | Localizada        |                 |                  | Salón 1 | Ana Claudia Prieto       |
| 08:15 hs |                   | Yoga                  |                    | Yoga                  |                   |                 |                  | Salón 2 | Jorge Eduardo Grane      |
| 08:35 hs |                   | Taller de Abdominales |                    | Taller de Abdominales |                   |                 |                  | Salón 1 | Natalia Cuniolo          |
| 08:45 hs | Yoga              |                       | Yoga               |                       | Yoga              |                 |                  | Salón 2 | Natalia Paula Cobas      |
| 09:15 hs | Elongación        |                       | Elongación         |                       | Elongación        |                 |                  | Salón 1 | Ana Claudia Prieto       |
| 09:15 hs |                   | Elongación            |                    | Elongación            |                   |                 |                  | Salón 2 | Natalia Cuniolo          |
| 09:15 hs |                   | Localizada            |                    | Localizada            |                   |                 |                  | Salón 1 | Celia Laura Cabrera      |
| 10:00 hs | Gimnasia Postural |                       | Gimnasia Postural  |                       | Gimnasia Postural |                 |                  | Salón 2 | Valeria Montalto         |
| 10:15 hs | Aero Combat       |                       | Aero Combat        |                       | Aero Combat       |                 |                  | Salón 1 | Marisol Peña             |
| 10:15 hs |                   | Mega Seniors          |                    | Mega Seniors          |                   |                 |                  | Salón 2 | Paula Peyró              |
| 10:15 hs |                   | Aero Local            |                    | Aero Local            |                   |                 |                  | Salón 1 | Natalia Cuniolo          |
| 10:15 hs |                   |                       |                    |                       |                   | Localizada      | Localizada       | Salón 1 | Roberto Carlos Garcilazo |
| 10:15 hs |                   |                       |                    |                       |                   | Elongación      |                  | Salón 2 | Natalia Cuniolo          |
| 10:30 hs |                   | Taller de Abdominales |                    | Taller de Abdominales |                   |                 |                  | Pileta  | Luciana De Paoli         |
| 11:00 hs | Gimnasia Postural |                       | Gimnasia Postural  |                       | Gimnasia Postural |                 |                  | Salón 2 | Valeria Montalto         |

# SEDE VILLA CRESPO

Juan B. Justo 2650, CABA

Teléfono: 4854-0595 / - Mail: villacrespo@megatlon.com.ar

**Horarios:** Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 08:00 a 20:00 hs. | Domingo: 10:00 a 18:00 hs.

| HORA     | LUNES<br>06/04 | MARTES<br>07/04 | MIÉRCOLES<br>08/04 | JUEVES<br>09/04 | VIERNES<br>10/04 | SÁBADO<br>11/04 | DOMINGO<br>05/04 | LUGAR   | STAFF                    |
|----------|----------------|-----------------|--------------------|-----------------|------------------|-----------------|------------------|---------|--------------------------|
| 11:15 hs | Aero Local     |                 | Aero Local         |                 | Aero Local       |                 |                  | Salón 1 | Marisol Peña             |
| 11:15 hs |                | Pilates         |                    | Pilates         |                  |                 |                  | Salón 1 | Adrián Viola             |
| 11:15 hs |                |                 |                    |                 |                  | Localizada      |                  | Salón 1 | Natalia Cuniolo          |
| 11:15 hs |                |                 |                    |                 |                  | Free Dance      |                  | Salón 2 | Gabriela Johanna Alegre  |
| 11:15 hs |                |                 |                    |                 |                  |                 | Elongación       | Salón 1 | Roberto Carlos Garcilazo |
| 12:15 hs | Yoga           |                 | Yoga               |                 | Yoga             |                 |                  | Salón 1 | Jean Cuevas Vargas       |
| 12:15 hs | BodyPump       |                 | BodyPump           |                 | BodyPump         |                 |                  | Salón 2 | Silvia Cruspeire         |
| 12:15 hs |                | Funcional       |                    | Funcional       |                  |                 |                  | Salón 1 | Adrián Viola             |
| 12:15 hs |                |                 |                    |                 |                  | Elongación      |                  | Salón 2 | Natalia Cuniolo          |
| 12:15 hs |                |                 |                    |                 |                  | BodyPump        |                  | Salón 1 | Gabriela Johanna Alegre  |
| 12:15 hs |                |                 |                    |                 |                  |                 | Funcional        | Salón 1 | Lucas Ramirez            |
| 12:30 hs |                |                 |                    |                 |                  | Fútbol Femenino |                  | Cancha  | Lucia Gantus             |
| 13:00 hs |                | Calistenia      |                    | Calistenia      |                  |                 |                  | Box     | Adrián Viola             |
| 13:15 hs |                | Localizada      |                    | Localizada      |                  |                 |                  | Salón 1 | Roberto Carlos Garcilazo |
| 13:15 hs |                |                 |                    |                 |                  | Aero Combat     |                  | Salón 1 | Marisol Peña             |
| 13:15 hs |                |                 |                    |                 |                  | Elongación      |                  | Salón 2 | Roberto Carlos Garcilazo |

# SEDE VILLA CRESPO

Juan B. Justo 2650, CABA

Teléfono: 4854-0595 / - Mail: villacrespo@megatlon.com.ar

**Horarios:** Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 08:00 a 20:00 hs. | Domingo: 10:00 a 18:00 hs.

| HORA     | LUNES<br>06/04    | MARTES<br>07/04 | MIÉRCOLES<br>08/04 | JUEVES<br>09/04 | VIERNES<br>10/04  | SÁBADO<br>11/04 | DOMINGO<br>05/04 | LUGAR   | STAFF                    |
|----------|-------------------|-----------------|--------------------|-----------------|-------------------|-----------------|------------------|---------|--------------------------|
| 14:00 hs |                   | Boxeo           |                    | Boxeo           |                   |                 |                  | Salón 2 |                          |
| 14:15 hs |                   |                 |                    |                 |                   | Aero Local      |                  | Salón 1 | Marisol Peña             |
| 15:15 hs |                   |                 |                    |                 |                   | Zumba           |                  | Salón 1 | Norberto Osvaldo Meda    |
| 16:00 hs | Yoga              |                 | Yoga               |                 | Yoga              |                 |                  | Salón 1 | Jean Cuevas Vargas       |
| 16:00 hs | Free Dance        |                 | Free Dance         |                 | Free Dance        |                 |                  | Salón 2 | Guille Gutierrez         |
| 16:00 hs |                   | Elongación      |                    | Elongación      |                   |                 |                  | Salón 2 | Natalia Cuniolo          |
| 16:00 hs |                   | Localizada      |                    | Localizada      |                   |                 |                  | Salón 1 | Roberto Carlos Garcilazo |
| 16:15 hs |                   |                 |                    |                 |                   | Aero Dance      |                  | Salón 1 | Norberto Osvaldo Meda    |
| 17:00 hs |                   | Zumba           |                    | Zumba           |                   |                 |                  | Salón 1 | Norberto Osvaldo Meda    |
| 17:15 hs |                   |                 |                    |                 |                   | Localizada      |                  | Salón 1 | Roberto Carlos Garcilazo |
| 18:15 hs | Aero Local        |                 | Aero Local         |                 | Aero Local        |                 |                  | Salón 1 | Norberto Osvaldo Meda    |
| 18:15 hs |                   | Funcional       |                    | Funcional       |                   |                 |                  | Salón 1 | Adrián Viola             |
| 18:15 hs |                   | GAP             |                    | GAP             |                   |                 |                  | Salón 2 | Celia Laura Cabrera      |
| 19:00 hs | Taekwondo Adultos |                 | Taekwondo Adultos  |                 | Taekwondo Adultos |                 |                  | Salón 2 | Iván Haddad              |
| 19:15 hs | Aero Dance        |                 | Aero Dance         |                 | Aero Dance        |                 |                  | Salón 1 | Norberto Osvaldo Meda    |
| 19:15 hs |                   | Aero Combat     |                    | Aero Combat     |                   |                 |                  | Salón 1 | Celia Laura Cabrera      |

# SEDE VILLA CRESPO

Juan B. Justo 2650, CABA

Teléfono: 4854-0595 / - Mail: villacrespo@megatlon.com.ar

**Horarios:** Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 08:00 a 20:00 hs. | Domingo: 10:00 a 18:00 hs.

| HORA            | LUNES<br>06/04 | MARTES<br>07/04          | MIÉRCOLES<br>08/04 | JUEVES<br>09/04          | VIERNES<br>10/04        | SÁBADO<br>11/04 | DOMINGO<br>05/04 | LUGAR    | STAFF               |
|-----------------|----------------|--------------------------|--------------------|--------------------------|-------------------------|-----------------|------------------|----------|---------------------|
| 19:15 hs        |                | Elongación               |                    | Elongación               |                         |                 |                  | Salón 2  | Adrián Viola        |
| 20:15 hs        | Aero Combat    |                          | Aero Combat        |                          | Aero Combat             |                 |                  | Salón 1  | Marisol Peña        |
| 20:15 hs        | Elongación     | Ashtanga Yoga            | Elongación         | Ashtanga Yoga            | Elongación              |                 |                  | Salón 2  | Jean Cuevas Vargas  |
| 20:20 hs        |                | Free Dance               |                    | Free Dance               |                         |                 |                  | Salón 1  | Kevin Navarrete     |
| 20:30 hs        |                | Basquet Adultos Avanzado |                    | Basquet Adultos Avanzado |                         |                 |                  | Cancha   | Juan Lecot          |
| 21:00 hs        | Boxeo          |                          | Boxeo              |                          | Boxeo                   |                 |                  | Salón 2  |                     |
| 21:00 hs        |                | Basquet Adultos Inicial  |                    | Basquet Adultos Inicial  |                         |                 |                  | Cancha   | Juan Lecot          |
| 21:00 hs        |                |                          | Fútbol Femenino    |                          |                         |                 |                  | Cancha   | Juan Pablo Benik    |
| 21:15 hs        | Elongación     |                          | Elongación         |                          |                         |                 |                  | Salón 1  | Jean Cuevas Vargas  |
| 21:15 hs        |                |                          |                    |                          | Entrenamiento Deportivo |                 |                  | Salón 1  | Marisol Peña        |
| <b>SPINNING</b> |                |                          |                    |                          |                         |                 |                  |          |                     |
| 07:00 hs        | Spinning       |                          | Spinning           |                          | Spinning                |                 |                  | Spinning | Javier Calvo        |
| 08:15 hs        |                | Spinning                 |                    | Spinning                 |                         |                 |                  | Spinning |                     |
| 10:15 hs        |                |                          |                    |                          |                         | Spinning        |                  | Spinning | Karina Balvin       |
| 11:15 hs        |                |                          |                    |                          |                         | Spinning        |                  | Spinning | Karina Balvin       |
| 13:00 hs        |                | Spinning                 |                    | Spinning                 |                         |                 |                  | Spinning | Carlos Javier Pages |

# SEDE VILLA CRESPO

Juan B. Justo 2650, CABA

Teléfono: 4854-0595 / - Mail: villacrespo@megatlon.com.ar

**Horarios:** Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 08:00 a 20:00 hs. | Domingo: 10:00 a 18:00 hs.

| HORA             | LUNES<br>06/04 | MARTES<br>07/04 | MIÉRCOLES<br>08/04 | JUEVES<br>09/04 | VIERNES<br>10/04 | SÁBADO<br>11/04 | DOMINGO<br>05/04 | LUGAR     | STAFF                     |
|------------------|----------------|-----------------|--------------------|-----------------|------------------|-----------------|------------------|-----------|---------------------------|
| <b>SPINNING</b>  |                |                 |                    |                 |                  |                 |                  |           |                           |
| 13:15 hs         | Spinning       |                 | Spinning           |                 | Spinning         |                 |                  | Spinning  | Silvia Cruspeire          |
| 17:00 hs         | Spinning       |                 | Spinning           |                 | Spinning         | Spinning        |                  | Spinning  | Miguel Alejandro Carruega |
| 17:45 hs         |                | Spinning        |                    | Spinning        |                  |                 |                  | Spinning  | Oscar Arias               |
| 18:00 hs         | Spinning       |                 | Spinning           |                 | Spinning         |                 |                  | Spinning  | Javier Calvo              |
| 19:00 hs         | Spinning       |                 | Spinning           |                 | Spinning         |                 |                  | Spinning  | Javier Calvo              |
| 19:30 hs         |                | Spinning        |                    | Spinning        |                  |                 |                  | Spinning  | Miguel Alejandro Carruega |
| 20:00 hs         | Spinning       |                 | Spinning           |                 | Spinning         |                 |                  | Spinning  | Paula Toyos               |
| 20:30 hs         |                | Spinning        |                    | Spinning        |                  |                 |                  | Spinning  | Miguel Alejandro Carruega |
| <b>MEGACROSS</b> |                |                 |                    |                 |                  |                 |                  |           |                           |
| 07:15 hs         | MegaCross      | MegaCross       | MegaCross          | MegaCross       | MegaCross        |                 |                  | Megacross | Joaquin Jauregui          |
| 08:15 hs         | MegaCross      | MegaCross       | MegaCross          | MegaCross       | MegaCross        |                 |                  | Megacross | Joaquin Jauregui          |
| 09:15 hs         | MegaCross      | MegaCross       | MegaCross          | MegaCross       | MegaCross        |                 |                  | Megacross | Joaquin Jauregui          |
| 09:15 hs         |                |                 |                    |                 |                  | MegaCross       |                  | Megacross | Lucas Ramirez             |
| 10:15 hs         | MegaCross      | MegaCross       | MegaCross          | MegaCross       | MegaCross        |                 |                  | Megacross | Joaquin Jauregui          |
| 10:15 hs         |                |                 |                    |                 |                  | MegaCross       | MegaCross        | Megacross | Lucas Ramirez             |

# SEDE VILLA CRESPO

Juan B. Justo 2650, CABA

Teléfono: 4854-0595 / - Mail: villacrespo@megatlon.com.ar

**Horarios:** Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 08:00 a 20:00 hs. | Domingo: 10:00 a 18:00 hs.

| HORA             | LUNES<br>06/04 | MARTES<br>07/04 | MIÉRCOLES<br>08/04 | JUEVES<br>09/04 | VIERNES<br>10/04 | SÁBADO<br>11/04 | DOMINGO<br>05/04 | LUGAR     | STAFF                    |
|------------------|----------------|-----------------|--------------------|-----------------|------------------|-----------------|------------------|-----------|--------------------------|
| <b>MEGACROSS</b> |                |                 |                    |                 |                  |                 |                  |           |                          |
| 11:15 hs         | MegaCross      | MegaCross       | MegaCross          | MegaCross       | MegaCross        |                 |                  | Megacross | Joaquin Jauregui         |
| 11:15 hs         |                |                 |                    |                 |                  | MegaCross       | MegaCross        | Megacross | Lucas Ramirez            |
| 12:15 hs         |                |                 |                    |                 |                  | MegaCross       |                  | Megacross | Lucas Ramirez            |
| 15:15 hs         | MegaCross      |                 | MegaCross          | MegaCross       |                  |                 |                  | Megacross | Ezequiel Marzorati       |
| 15:15 hs         |                | MegaCross       |                    |                 | MegaCross        |                 |                  | Megacross | Lucas Ramirez            |
| 16:15 hs         | MegaCross      |                 | MegaCross          | MegaCross       |                  |                 |                  | Megacross | Ezequiel Marzorati       |
| 16:15 hs         |                | MegaCross       |                    |                 | MegaCross        |                 |                  | Megacross | Lucas Ramirez            |
| 16:15 hs         |                |                 |                    |                 |                  | MegaCross       |                  | Megacross | Jonatan Ezequiel Sánchez |
| 17:15 hs         | MegaCross      |                 | MegaCross          | MegaCross       |                  |                 |                  | Megacross | Ezequiel Marzorati       |
| 17:15 hs         |                | MegaCross       |                    |                 | MegaCross        |                 |                  | Megacross | Lucas Ramirez            |
| 17:15 hs         |                |                 |                    |                 |                  | MegaCross       |                  | Megacross | Jonatan Ezequiel Sánchez |
| 18:15 hs         | MegaCross      |                 | MegaCross          | MegaCross       |                  |                 |                  | Megacross | Ezequiel Marzorati       |
| 18:15 hs         |                | MegaCross       |                    |                 | MegaCross        |                 |                  | Megacross | Lucas Ramirez            |
| 18:15 hs         |                |                 |                    |                 |                  | MegaCross       |                  | Megacross | Jonatan Ezequiel Sánchez |
| 19:15 hs         | MegaCross      |                 | MegaCross          | MegaCross       |                  |                 |                  | Megacross | Ezequiel Marzorati       |

# SEDE VILLA CRESPO

Juan B. Justo 2650, CABA

Teléfono: 4854-0595 / - Mail: villacrespo@megatlon.com.ar

**Horarios:** Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 08:00 a 20:00 hs. | Domingo: 10:00 a 18:00 hs.

| HORA             | LUNES<br>06/04 | MARTES<br>07/04 | MIÉRCOLES<br>08/04 | JUEVES<br>09/04 | VIERNES<br>10/04 | SÁBADO<br>11/04 | DOMINGO<br>05/04 | LUGAR     | STAFF               |
|------------------|----------------|-----------------|--------------------|-----------------|------------------|-----------------|------------------|-----------|---------------------|
| <b>MEGACROSS</b> |                |                 |                    |                 |                  |                 |                  |           |                     |
| 19:15 hs         |                | MegaCross       |                    |                 | MegaCross        |                 |                  | Megacross | Lucas Ramirez       |
| 20:15 hs         | MegaCross      |                 | MegaCross          | MegaCross       |                  |                 |                  | Megacross | Ezequiel Marzorati  |
| 20:15 hs         |                | MegaCross       |                    |                 | MegaCross        |                 |                  | Megacross | Lucas Ramirez       |
| <b>PILETA</b>    |                |                 |                    |                 |                  |                 |                  |           |                     |
| 07:45 hs         |                | Acuática        |                    | Acuática        |                  |                 |                  | Pileta    | Romina Scarfo       |
| 08:00 hs         | Acuática       |                 | Acuática           |                 | Acuática         |                 |                  | Pileta    | Romina Scarfo       |
| 11:00 hs         | Acuática       |                 | Acuática           |                 | Acuática         |                 |                  | Pileta    | Celia Laura Cabrera |
| 11:00 hs         |                | Acuática        |                    | Acuática        |                  |                 |                  | Pileta    | Luciana De Paoli    |
| 11:00 hs         |                |                 |                    |                 |                  |                 | Acuática         | Pileta    | Staff Megatlon      |
| 12:00 hs         | Acuática       |                 | Acuática           |                 | Acuática         |                 |                  | Pileta    | Celia Laura Cabrera |
| 12:00 hs         |                | Acuática        |                    | Acuática        |                  |                 |                  | Pileta    | Luciana De Paoli    |
| 12:00 hs         |                |                 |                    |                 |                  |                 | Acuática         | Pileta    | Staff Megatlon      |
| 15:00 hs         |                |                 |                    |                 |                  | Acuática        |                  | Pileta    | Cari Diana Lopez    |
| 16:00 hs         | Acuática       |                 | Acuática           |                 | Acuática         |                 |                  | Pileta    | Luciana De Paoli    |
| 16:00 hs         |                | Acuática        |                    | Acuática        |                  |                 |                  | Pileta    | VERONICA MORALES    |

# SEDE VILLA CRESPO

Juan B. Justo 2650, CABA

Teléfono: 4854-0595 / - Mail: villacrespo@megatlon.com.ar

**Horarios:** Lunes a Viernes: 07:00 a 23:00 hs. Sábado: 08:00 a 20:00 hs. | Domingo: 10:00 a 18:00 hs.

| HORA          | LUNES<br>06/04 | MARTES<br>07/04   | MIÉRCOLES<br>08/04 | JUEVES<br>09/04   | VIERNES<br>10/04 | SÁBADO<br>11/04 | DOMINGO<br>05/04 | LUGAR  | STAFF               |
|---------------|----------------|-------------------|--------------------|-------------------|------------------|-----------------|------------------|--------|---------------------|
| <b>PILETA</b> |                |                   |                    |                   |                  |                 |                  |        |                     |
| 16:00 hs      |                | Acuática Profunda |                    | Acuática Profunda |                  |                 |                  | Pileta | Paula Peyró         |
| 16:00 hs      |                |                   |                    |                   |                  | Acuática        |                  | Pileta | Cari Diana Lopez    |
| 21:00 hs      | Acuática       |                   |                    |                   | Acuática         |                 |                  | Pileta | Staff Megatlon      |
| 21:00 hs      |                | Acuática          |                    | Acuática          |                  |                 |                  | Pileta | VERONICA MORALES    |
| 21:00 hs      |                | Acuática Profunda |                    | Acuática Profunda |                  |                 |                  | Pileta | Celia Laura Cabrera |
| 21:00 hs      |                |                   | Acuática           |                   |                  |                 |                  | Pileta | Paula Toyos         |